

SUNRISE YOGA STUDIO 18 HERBERT ST., HAYESVILLE, NC 28904

CONTACT INFORMATION WAIVER AND RELEASE OF LIABILITY

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME: _____ CELL: _____

HOW DID YOU HEAR ABOUT OUR STUDIO ? WEB: _____ FRIEND: _____ OTHER: _____

EMAIL: _____

PLEASE CHECK THIS BOX TO SUBSCRIBE TO OUR NEWSLETTER ☐

WAIVER AND RELEASE OF LIABILITY

The participant acknowledges that yoga class can consist of physical exercise from which he/she can suffer personal injury.

The participant agrees to forever hold harmless; Julie Shaw, Sunrise Yoga Studio, or any Sunrise Yoga Studio teacher or guest teacher from any and all liability or damages resulting from personal injury, theft, or loss of personal property.

This document is to be interpreted according to the laws of the state of North Carolina. All parties herein specifically consent to jurisdiction in Clay County, North Carolina and agree that any and all lawsuits relating to or arising from this Agreement, the provision of yoga services by Sunrise Yoga Studio and it's owner, representative or employees or contractors must be filled in Clay County, Hayesville, NC.

Please consult with your health care provider for approval prior to any participation in physical activity.

Please contact Julie Shaw at julie@sunriseyogastudio.com with any questions regarding our policies.

Please sign your name and date below indicating that you have read these policies,

Signature: _____ DATE: _____